

The Scandinavian Soc

Scandinavian Society of
Southwestern Idaho

December 2023 Your Family since 1923



GLAEDELIG JUL, GOD JUL, GLEDILERG JOL, HYVAA JOULUA !

Scandinavian Society Christmas Party



Date: Sunday evening, **December 10**, 2023 Time: Festivities start at **3:30 p.m.**
Place: Shepherd of the Valley Lutheran; 3100 S Five Mile Rd, Boise (just south of Victory).

3:30 Welcome Hour and Kids' Craft Time

An opportunity to visit with old friends and welcome new club members. Warm your spirits with some hot cider or the traditional Scandinavian holiday drink, Glogg. The **Scandi Band** will be playing. **Children Craft Time. Silent Auction** (Bring Christmas or Scandi-Themed Items). Auction closes at 6:30.

4:30 **Potluck Dinner** - Scandinavian Society will furnish ham. Those attending are asked to bring another dish and a salad or dessert, and table service. Bring enough for your family plus one. Scandinavian cuisine appreciated. Club will be furnishing coffee. This year, there is kitchen access.



5:30 **Program** – Our ScandiBand and other surprises.

St Lucia procession. All girls and boys are invited to be in the procession. We have costumes but feel free to bring your own. We will have traditional dancing around the tree.



St Nicholas will, of course, arrive to pass out goodies to the children.

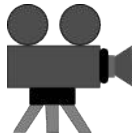
Our Festival is free, yet there are many costs. Our membership fee is low. Please donate extra. **We need Volunteers to help set up @ 1:30**



******NOTE ON DUES** - A dollar or two a month is nothing. Single \$20.00 Family \$30.00. **Many of our regular members are behind in their dues. Perhaps you are!** Your mailing label says to which year you are paid through. If you are receiving this electronically, feel free to call Kirk and ask which year you are paid through. Your small dues pay for rents and incidentals needed to support the Scandinavian Society and to help it grow!!



We really need your pictures of our activities!



Movie Nights

Friday, Dec 1, 7pm
Friday, Jan 5, 7 pm
Friday, Feb 2, 7 pm
Movie Nights are at Kirk Higginson's home, 6900 West Pomona Road, Boise (halfway between Cole Road and Mt. View, on Ustick Road turn south onto Redway, then turn right onto Pomona, house on the corner). Snacks and conversation following movie.



Ya Sure Ya Betcha Lunch Bunch

Dec 14, 1pm Lucky Fins, 1441 N Eagle Rd #100, Meridian.
January 11, Topsy Chef Café, 979 S. Progress Ave., Meridian
February 8, Cottonwood Grill, 913 W River St, (at 9th), Boise
March 14, Willow Creek Grill, 2273 S. Vista Ave. #150, Boise For RSVP, call Brian/Jill Stockham 208-965-2877



Welcome New Members !!



Scandinavian Society of Southwestern Idaho – Check this out for some great submissions!! Kudos to those members who offer these delights.

Sunshine Person - Know someone who needs a get-well card, sympathy card, or “just thinking of you”? Call Connie Bruijn 208-250-3361

Spend some time getting to know each other. Scandinavians are known for their shyness, but also for their loyalty. Make our Society your extended Family.



Scandinavian (and German) Folk Dancing

We need a Teacher. We have diagrams, music and training videos. For Information, call Alan at 208-939-4763.

Mark Your Calendar !!

Feb 19 Or 26, 4:30 Fastelavn Scandinavian Mardi Gras !!
June 23 Midsummer
September 22 Nordic Fall Festival

Got an Idea for our Society? Step up and lead it!

Would you like to join our Steering Committee? Call Us.

Bring your talents to our Society.

We would love to show you off!!

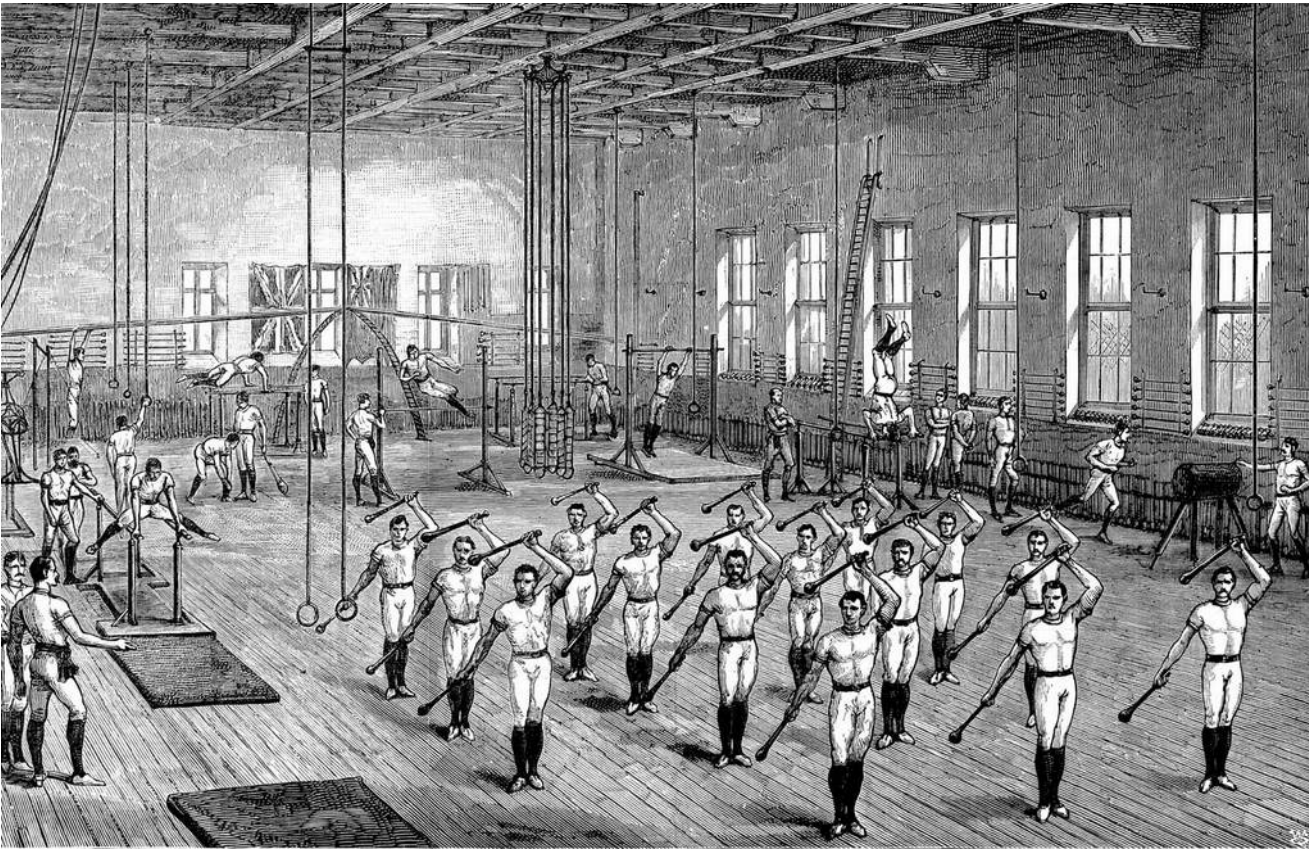
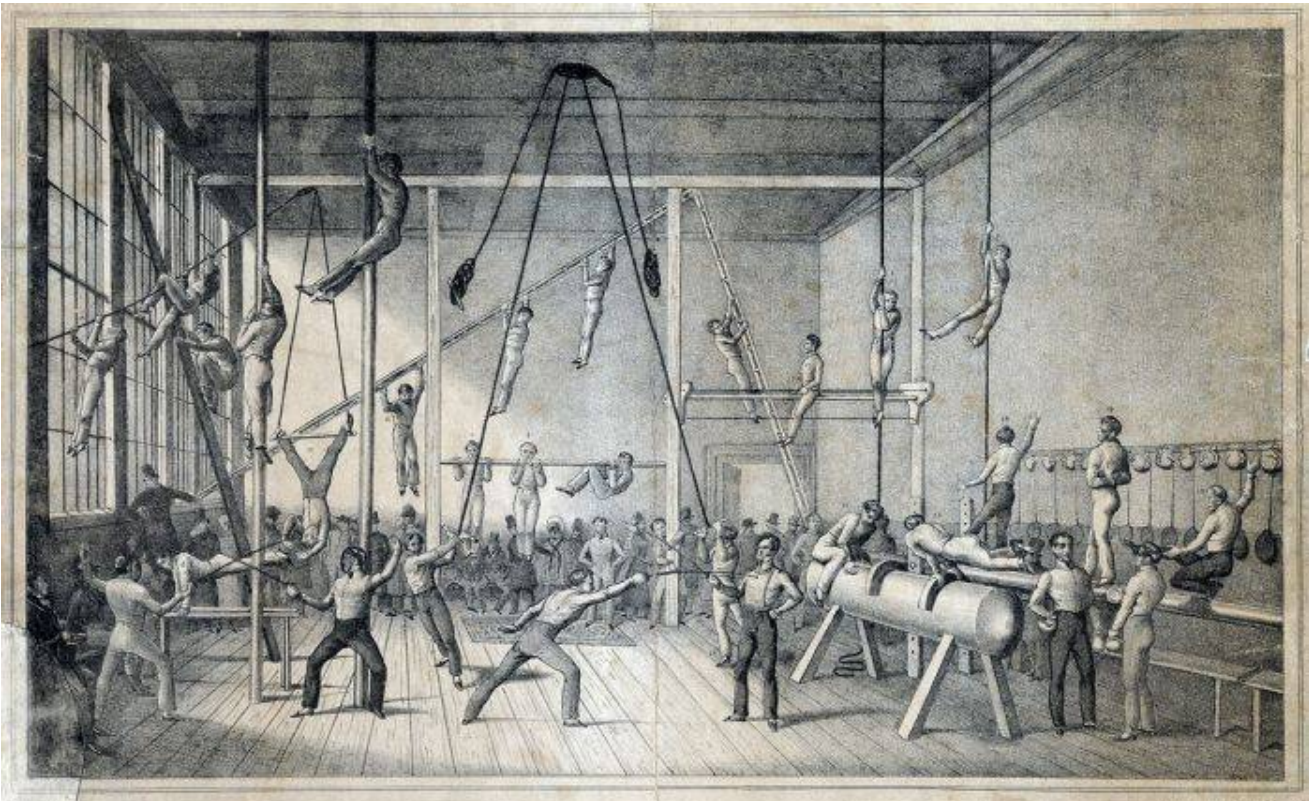


Check out our site on Instagram: scandisocietyswidaho and request to follow. Then post your Scandinavian-themed photos!

Our new Website at <https://yasureubetcha.com>

Voices of Sweden April 13, 14 by **Boise Philharmonic**. The Boise Baroque Orchestra will perform rarely heard Swedish Baroque Music, at First Presbyterian Church, 950 W State St, Boise. \$30. tickets at their website.

Pehr Henrik Ling (1776–1839) pioneered the teaching of **physical education** in Sweden and is credited as the father of Swedish massage. Ling developed a system of integrated manual therapy, combining physical training and gymnastic procedures with knowledge of anatomy, physiology, and pathology. He was the first to publish and popularize such a system with modern scientific knowledge. He outlined a system of gymnastics, exercises, and maneuvers divided into four branches: Pedagogical Gymnastics: (Physical Education); Military Gymnastics: (mostly Fencing); Medical Gymnastics: (Massage, Physical Therapy, Physiotherapy); Aesthetic Gymnastics (Dance, performance). The Swedish system of gymnastics was introduced to the rest of Europe and the U.S. Ling emphasized the integration of perfect bodily development with muscular beauty. He invented wall bars, beams, and the box horse.



Scandinavian Society
259 N Olde Park Pl

Eagle, ID 83616

Board Members:

Pres. Alan (Nelson) Stroud 208-939-4763

V. Pres. Gunnar Lundgren 208-340-0498

Secretary Maud Bolstad 208-898-9384

Treasurer Kirk Higginson 208-841-2622

Connie Bruijn 208-250-3361

Paul Makela 208-362-0018

Ruth (Dahl) Pittman 208-230-1230

Joy (Fosaaen) David 208-860-9228

Mia (Cedar) Martorelli 208-906-5219

Jim Ladd 208-866-7418

“We say cheers to our Friends, and those that we know, and those that we don’t know, we say cheers to them as well.”-Danish Toast



Sankta Lucia

Hark! through the darksome night Sounds come a winging: Lo! 'tis the Queen of Light Joyfully singing.

Clad in her garment white, Wearing her crown of light, Sankta Lucia, Sankta Lucia. Clad in her garment white,

Wearing her crown of light, Sankta Lucia, Sankta Lucia. Deep in the northern sky Bright stars are beaming;

Christmas is drawing nigh Candles are gleaming. Welcome thou vision rare, Lights glowing in thy hair.

Sankta Lucia, Sankta Lucia! Welcome thou vision rare, Lights glowing in thy hair. Sankta Lucia, Sankta Lucia!

